

The Audible Release

Hello To All Our Members!!

By Addison Ozakyol, D.C. ATC. CSCS



Hello to all our members,
I hope this publication of the Audible Release finds you and your families well. A lot has happened since our last handout. Thank you as always to our wonderful sponsors and speakers at recent meetings, we appreciate the continued

support and involvement with our efforts to expand our scope of practice and build our profession.

Thank you to everyone who was able to attend our joint meeting with the HCCS! It is always good to connect with our friends just across Tampa Bay. Hearing updates about the profession from the FCA is always interesting in an election year, so thank you to Jack Hebert for the information at this annual event!

Just a reminder, we will not have meetings for November/December and will instead see everyone for the Holiday Party – details coming soon! Keep an eye out for more information, stay safe, and we hope to see everyone soon to celebrate the end of 2024!

I sincerely hope that everyone reading this posting fared well during the back-to-back storms that hit our area. With homes, families, practices, and lives being changed by these historic storms, be sure to support everyone in our communities and stand together!

If at any point there is a way that I or the PCCS can provide support, connection, or information in these difficult times, or if you are looking to get involved, please do not hesitate to reach out.



Holiday Party Casino Night, December 7, 7:00 p.m. - 10:30 p.m. Holiday Inn Harborside,
401 2nd St. Indian Rocks Beach, FL Look for your invitation on evite or contact
Cynthia at ed@pccschiro.org • VISIT US ONLINE AT PCCSCHIRO.ORG

THE RADIOLOGIST'S VIEW



THAT ACCIDENT SAVED MY LIFE

Consider the following cases:

A 60-year-old woman presents with severe low back and sacral pain. Plain film x-rays revealed no evidence of fracture and mild degenerative disc disease. The patient had no improvement after two weeks of therapy. An MRI later reveals metastatic disease in the lumbar spine and sacrum with pronounced abdominal lymphadenopathy.

Complaining of neck pain and left arm pain, a 45-year-old female seeks care at a local health care facility. X-rays were interpreted as normal but an MRI, performed some 3 weeks later, demonstrated a mass in the thyroid that was later shown to be malignant.

A male, 40 years old, presents to the doctor with low and middle back pain. Following two months of therapy that resulted in minimal improvement, an MRI shows a possible malignant mass in the posterior arch of L1.

In two other cases a lung tumor is found on plain film images of the cervical spine in one patient and in the other case a spinal cord tumor is found.

These cases have two things in common. Firstly, the more significant finding is unexpected and secondly (not mentioned in the scenario), in each of these cases the patient sought treatment for injuries sustained in a motor vehicle incident. It is safe to say that the accident may have saved the victims life or at least led to earlier therapy. If a patient is evaluated without prejudice, the chance of an unexpected findings is diminished. However, it is my experience that, in some cases, this is not the approach taken with the post MVA patient and may have contributed to the findings in the above cases having been unexpected.

One of my mentors constantly reminded me that “patients are entitled to more than one disease”. In cases of trauma, the examining physician can become hyper focused on seeking to find a site of injury to explain the patient’s presentation and myopic relative to non-traumatic causes and previous history. In reality, a person may suffer an in-

jury and have a preexisting condition which is equally or more significant. In the first case noted above, the patient had a history of breast carcinoma. The possibility of metastasis always needs to be considered as a cause of pain regardless of the trauma history. In the second case, review of the x-rays revealed deviation of the tracheal air shadow, a sign of a possible thyroid mass. The thyroid mass should have been palpated on physical exam and should not have been an unexpected finding on an MRI. The patient with the spinal cord tumor and the patient with the posterior arch tumor both had a history of persistent and increasing low back pain prior to the accident. The patient with the lung lesion had noted a persistent cough on his intake forms.

It turns out that the unexpected finding can be equally unexpected to the reading radiologist if the supporting information (clinical history and diagnosis) does not include sufficient information. For example, the radiologist was not aware that the patient with metastatic disease had a history of breast cancer or the patient with a neck mass had a palpable thyroid lesion. There was no mention of a cough in the patient with a lung tumor, nor was there a submitted history of persistent low back pain in the patient with the spinal cord tumor or the patient with the posterior arch tumor. Was that because the referring physician was not aware of those facts? Since the cases were trauma related, is it possible that the doctor overlooked those findings? Did the patient fail to give an accurate and complete history? Can it be, that in some cases, the significance of a prior history of pain is overlooked or diminished so as not to disrupt the legal outcome?

Patients presenting with a recent history of trauma may have an injury but may also have a preexisting condition or a history that can explain their clinical presentation. That condition may have gone unnoticed or the diagnosis delayed if not for an injury. They are entitled to have both and lucky at the same time.

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The Audible Release
is published 10 times per year
and unlimited downloads available online.

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

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Executive Director

Cynthia Gramberg

P.O. Box 7515, Seminole, FL, 33775-7515

email: ed@pccschiro.org

Calendar of Events

Monthly Dinner Meetings

Join us In-Person

Last Tuesday of the Month

www.pccschiro.org/annual-calendar

Marriott Upstairs
12600 Roosevelt Blvd. N
St. Petersburg, FL 33716

6:30-8:30 pm

Dinner/Speaker at 7 pm

Please RSVP to Evite for dinner attendance

November

NO GENERAL MEETING

December

NO GENERAL MEETING

7th - Holiday Party Casino Noght at
Holiday Inn Harbourside
401 2nd St., Indian Rocks Beach, FL 33785
Time: 7:00pm-10:30pm
Details in Your Evite

November Board meeting 12th 12:30pm Zoom

December Board meeting 10th 12:30pm Zoom

PCCS PAID MEMBERS 2024

“Thank you to the chiropractors below that are supporting the PCCS and PAC in 2024”
See page 13 for the 2024 Membership Application

Names listed in **BOLD** have donated to the PAC
Political Action Committee

And are additionally recognized on the member directory with a “PAC Star”

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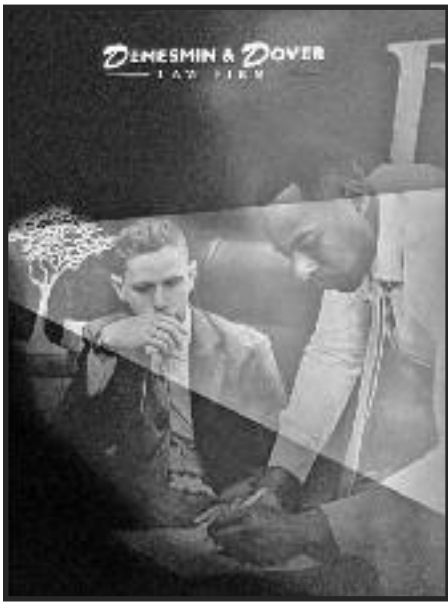
Jordon VanderVeen, D.C.

New Members 2024

Aaron Day, D.C.

Tyler Garapola, D.C.

Sam Scott, D.C.



PCCS had their September meeting even though Helene was on it's way. Those that came were troopers for getting out to support our speakers from Demersin and Dover. The topic was Workers Compensation. There is always alot to learn from our sponsor presentations. We also welcomed our new student ambassador Jasmine Scott and current ambassador Taite Daisey.



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ABOUT THE PCCS

The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!

Join Now: <https://pccschiro.org/join-now>

OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)



PCCS 2024 Membership Application & Invoice
January 1 through December 31

The following will be displayed in the website member directory

Name: _____

Credentials and Post-doctorate certifications:

Circle all that apply: DC MS DABCI DACBN DACNB DACBSP DACBR DICCP

Select One: New Member / Renewal / New Member 1st Year DC

Renewals Only: complete below ONLY IF YOUR CONTACT INFO has changed

Office or Company Name: _____

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*Membership is for the chiropractor listed above only & is non-transferable.

New Members & Renewals: PAC contribution; website 'PAC star' & newsletter 'bold'

- Annual Dues with a \$50 voluntary contribution to the PAC = \$225.00**
- Annual Dues = \$175.00

1st Year DC: Graduated in 2022

- 1st Year Licensed D.C. Annual Dues +\$50 contribution to the PAC = \$149.00**
- 1st Year Licensed D.C. Annual Dues = \$99.00

ONLINE APPLICATION & RENEWALS* AVAILABLE

<https://pccschiro.org/paynow/>

Or you may still Join or Renew* by Mail:

Enclose Completed Application Invoice Check Payable to:

PCCS, P.O. Box 7515 Seminole, FL 33775-7515

*Paper & Online renewal form only needs to be completed if contact info has changed.



General Monthly free Educational Dinner Meetings are the "last Tuesday of the month" at the Marriott from 6:30-8:30 pm.
 Marriott upstairs, 12600 Roosevelt Blvd N, St. Petersburg
Know someone interested in joining as a DC/Sponsor/Advertiser; www.pccschiro.org click "Join Now or Get Involved"

Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions.

*Contributions to the PCCS-PAC are not deductible as charitable contributions for federal income tax purposes.

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