The Official Publication of the Pinellas County Chiropractic Society



May 2024

The Audible Release

Thank You To Everyone!!!

By Addison Ozakyol, D.C. ATC. CSCS



Hello to all our members!

Thank you to everyone who was able to attend our meeting this month. We always love hearing updates from our sponsors and the additional information from Ligori & Ligori. It was greatly appreciated and very valuable!

Thank you for a great presentation and for continuing to support the PCCS.

We also had our annual PAC shoot event a few weeks ago. Thank you to all the members and sponsors who

came out to support our efforts to raise money for PAC. Without your support, we would be unable to continue to advocate for our rights and scope of practice as chiropractors. While I was unable to attend this year, I heard it was a wonderful event and the new location (Skyway Trap Club) was a nice change that we hope to maintain for future events.

For our May meeting, we will be at our usual venue – the St. Pete Marriott Clearwater – on Tuesday, 05/28 at 6:30pm for our social hour. We will have more updates about this monthly meeting coming up soon, so keep an eye out for email invites for more information. We hope to see you there!



10th Annual "Shoot for the PAC"

On April 25th the Pinellas County Chiropractic Society held its annual "Shoot for the PAC" trap shoot event at a new location this year, the Skyway Trap Club, located in St. Petersburg. The closer venue resulted in more shooters than last year, which was the whole idea of moving it closer! There were 34 shooters participating this year.

Competition winners were:

Top Gun – Dillon Venezinn 47/50 targets
Male Novice 1st Place – Jon Wheeler 31/50 targets
Female Novice 1st Place – Kairi Facheco 27/50 targets
Male Intermediate 1st Place – Josh Bly 40/50 targets
Female Intermediate 1st Place – Melody Hammer 26/50 targets
Worst Shot – Catlin Comes – She really improved on her 2nd round!
Team 1st Place – TGH Imaging 167/250 targets

Sponsors of the event were:

Ammunition Sponsor – MRI Associates Palm Harbor MRI Trap House Sponsor – Florida Surgery Consultants Trophies Sponsor – Demesmin & Dover Law Firm Lunch Sponsor - Millenium MRI Thank you for your Support!

Just a reminder that the motivation for having this event is to have fun and raise money for our political action committee "PAC". We use these funds to donate to Florida House and Senate representatives who are chiropractic friendly. These monies go a long way to help promote our cause. We look forward to having everyone come out again next year for a good time.

TRAP SHOOT AWARDEES

















Audible Release, May 2024

THE RADIOLOGIST'S VIEW



Quantifying Whiplash Injury... Is It Possible?

The ability to demonstrate injury secondary to whiplash-associated disorder (WAD) has been tenuous. The foundational diagnostic findings generally include pain, altered biomechanics and reduced range of motion, among others. While diagnostic imaging studies, including

plain film, CT and MRI can yield positive findings such as fractures, disc herniations, ligament laxity and instability, they may not be sufficient to establish a temporal relationship to an injury. Identification of organic lesions in adjacent soft tissues, such as inflammation, are not appreciated. In a study, published in the journal PAIN¹, localization and quantification of such lesions was shown to be possible.

Positron emission tomography (PET) is a nuclear medicine imaging technique that uses a radiotracer linked to a radioactive material. They are designed to bind to specific molecules and, depending on the type used, they will concentrate in certain areas of the body or in abnormal tissue such as malignancy or inflammation. The chief advantage of PET is its ability to evaluate function or metabolism, a characteristic not directly available with CT or MRI. The PET scan is often "fused" with CT images for more specific anatomical information.

In the study, the researchers used [¹¹C]-D-deprenyl PET combined with CT for its ability to discriminate between low and high grades of inflammation. In this longitudinal observational study, sixteen adult patients with grade II whiplash injury (defined in the article as neck complaints and decreased range of motion, point tenderness or both) were evaluated within seven days after injury and at six months. Eight control patients were included and were healthy, pain-free and reported no current or previous neck pain. The patients were evaluated for location of tenderness and rated on a Numeric Pain Rating Scale (NRS). Range of motion was assessed, and patients completed a whiplash questionnaire and the Neck Disability Index (NDI) questionnaire. After the PET/CT, the anatomic location of the increased uptake was recorded and compared to the reported tender points.

The authors provided several salient points observed in their study and through associated references:

- 1. Inflammation and tissue injury after WAD can be visualized, quantified, and followed over time.
- 2. There is "...an association between imaging findings in the upper cervical bone structures and patient self-report of pain and disability."
- 3. Evidence of healing was continuing at 6-month follow-up.
- 4. Increased uptake was mostly seen in vertebral

bodies, facet joints and surrounding soft tissues. "There is growing evidence that facet joints and capsules can be injured in whiplash and that these can be the source of pain." Increased uptake in the region of the occipital condyles and extensor muscles was often seen. Three patients had increased tracer uptake in the TMJ adding credence to the idea that there is direct trauma to the joint and that whiplash may be an "...aggravating factor for the progression of temporomandibular joint disorders."

- 5. The number of areas demonstrating increased [¹¹C]-D-deprenyl uptake was associated with NRS and NDI. "This supports the notion that [¹¹C]-D-deprenyl uptake is related to the extent and severity of the injury."
- 6. "The upper facet joints and vertebral bodies show the strongest association between pain and [11C]-D-deprenyl uptake."
- 7. Increased update in new areas, at six weeks, may indicate ligamentous insufficiency and poor position sense (proprioception). New uptake "...could be the first signs of adaptive or degenerative changes in neck tissues."

The authors addressed the weaknesses and limitations of the study. This included the small sample size and the limited understanding of the exact uptake mechanism of [11C]-D-deprenyl in musculoskeletal injury. The "high costs of PET and feasibility concerns" was an issue. A better control group that may have had a similar injury mechanism but without pain, would be better suited. More study is needed to evaluate predictive and diagnostic value of PET/CT in WAD.

It should not be inferred from this research that PET/CT has now become the latest diagnostic tool to evaluate the WAD patient or that a new weapon has been developed to be utilized in the legal arena to support a diagnosis or prognosis. This study does not support such use and it should not be prescribed until other supportive research becomes available. In any case, it is an extremely costly exam and is likely not readily available or reimbursable by any government or private payor. Caution must be taken in the interpretation of the research findings and any extrapolation of the study's findings to the general population is not recommended. However, the results are promising.

Terry D. Sandman, DC, MPH, DACBR drtsandman@aol.com
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Reference

¹Aarnio, Mikko, Fredrikson, Mats, Lampa, Erik, Sörensen, Jens, Gordh, Torste Linnman, Clas Whiplash injuries associated with experienced pain and disability can be visualized with [¹¹C]-D-deprenyl PET/CT, PAIN: July 02, 2021 - Volume - Issue - doi: 10.1097/j.pain.000000000002381

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The Audible Release is published 10 times per year and unlimited downloads available online.

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

> P.O. Box 7515 Seminole, FL 33775-7515 www.pccschiro.org





Executive Director

Cynthia Gramberg P.O. Box 7515, Seminole, FL, 33775-7515 email: ed@pccschiro.org

Calendar of Events

Monthly Dinner Meetings Join us In-Person

Last Tuesday of the Month www.pccschiro.org/annual-calendar

Marriott Upstairs 12600 Roosevelt Blvd. N St. Petersburg, FL 33716 6:30-8:30 pm

Dinner/Speaker at 7 pm
Please RSVP to Evite for dinner attendance

May

30th-General Meeting Location: Mariott Upstairs 12600 Roosevelt Blvd N., St Petersburg,FL 33716 Speaker: TBD Topic: TBD

June

25th- Summer Social Meeting Location: Holiday Inn Harborside 401 2nd Street, Indian Rocks Beach, FL 33785

July

30th-General Meeting
Location: St. Petersburg Marriott - 2nd Floor
Topic: PCCS Legislative Candidate Forum Hosted
by Mayor Woody Brown

May Board meeting 14th 12:30pm Zoom

June Board meeting 11th 12:30pm Zoom

PCCS PAID MEMBERS 2024

"Thank you to the chiropractors below that are supporting the PCCS and PAC in 2024" See page 13 for the 2024 Membership Application

> Names listed in BOLD have donated to the PAC Political Action Committee

And are additionally recognized on the member directory with a "PAC Star"

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New Members 2024 Aaron Day, D.C. Tyler Garapola, D.C.

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34 Attendees enjoyed themselves at the Skyway Trap Club located in St Petersburg.



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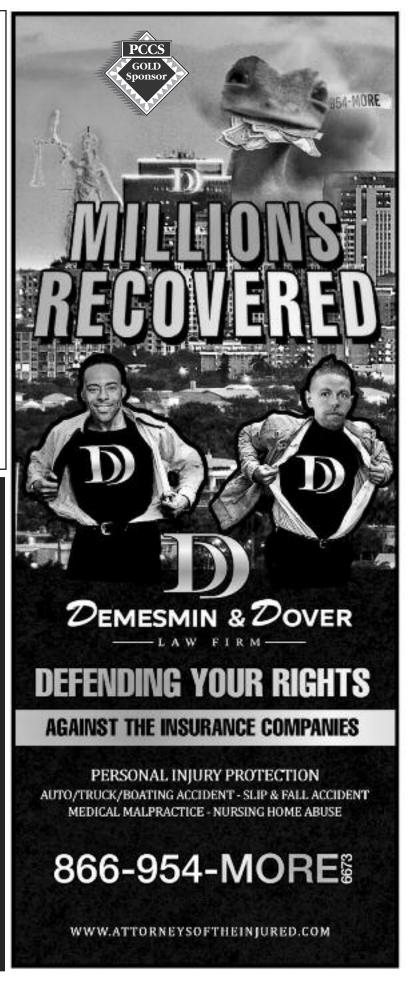
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The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!

Join Now: https://pccschiro.org/join-now

OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)

<u>Corporate Transparency Act Ruled Unconstitutional to Limited Named Plaintiffs – What</u> <u>This Means to You</u>

04/09/2024

The FCA previously reported on the requirements that went into effect on January 1, 2024, for the Corporate Transparency Act (CTA). Designed to combat money laundering and illicit financing through anonymous shell companies, the CTA imposes new beneficial ownership information (BOI) reporting requirements on all companies formed or registered to do business in the U.S., unless an exemption applies. FinCEN estimated that the CTA would impact approximately 32.6 million existing entities at the time it went into effect and approximately 5 million new entities formed each year thereafter.

The CTA will likely apply to you: all chiropractic office owners and other small business owners. It requires you to go online and file a report. Reports can be filed through the portal maintained by the US Department of the Treasury's Financial Crimes Enforcement Network (FinCEN). See www.fincen.gov/boi.

On Mar. 1, 2024, a federal district judge in Alabama ruled that the CTA is unconstitutional, holding that it exceeds the powers granted to Congress by the U.S. Constitution. The ruling permanently enjoins FinCEN from enforcing the CTA <u>against the named plaintiffs</u> and casts uncertainty on the broader enforceability of the CTA going forward.

As of now, this ruling applies only to the named individual plaintiff, Isaac Winkles, and the 65,000 members of the National Small Business Association (NSBA) at the time of the decision. In other words, no other company may rely on this decision to avoid complying with the CTA absent subsequent guidance from FinCEN permitting them to do so.



PCCS 2024 Membership Application & Invoice

January 1 through December 31

The following will be displayed i	in the website m	ember directory
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- Annual Dues = \$175.00

1st Year DC: Graduated in 2022

- □ 1st Year Licensed D.C. Annual Dues +\$50 contribution to the PAC = \$149.00
- 1st Year Licensed D.C. Annual Dues = \$99.00

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https://pccschiro.org/paynow/

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*Paper & Online renewal form only needs to be completed if contact info has changed.



PCCS Pay Now

General Monthly free Educational Dinner Meetings are the "last Tuesday of the month" at the Marriott from 6:30-8:30 pm. Marriott upstairs, 12600 Roosevelt Blvd N, St. Petersburg

Know someone interested in joining as a DC/Sponsor/Advertiser; www.pccschiro.org click "Join Now or Get Involved"

Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions.

^{*}Membership is for the chiropractor listed above only & is non-transferable.

^{*}Contributions to the PCCS-PAC are not deductible as charitable contributions for federal income tax purposes.

The PCCS Board of Directors as well as our membership would like to thank all of our sponsors for their support in 2023. We couldn't continue to promote, protect, preserve and advance the Chiropractic profession without your support. We look forward to working with you and your continued support in 2024.

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