The Official Publication of the Pinellas County Chiropractic Society



Looking Forward to a Great Year

By Addison Ozakyol, D.C. ATC. CSCS



Feb. 2024 President's Letter

Hello to all of our members!

It was great to see you all again after the holidays. A quick thank you to Dr. Gantzer and Dr. Norman for their presentation at our January meeting regarding some of the updates and improvements

that the PCCS has been working on and some of our plans moving forward. Thank you both for your efforts for our members! This month, our meeting will feature a discussion of *Interesting Radiology Case Studies* with NUHS's own Dr. Martensen! As usual, our meeting will be at the St. Pete Marriott Clearwater with mingle starting at 6:30pm. See you there!

Please keep an eye out for membership renewals going out. You can access payment on our website and by scanning the QR codes in our newsletter. Be sure to donate to PAC if you can! Your donation helps the PCCS advocate for our profession and protect our scope of practice. We appreciate your membership and continued support!



VISIT US ONLINE AT PCCSCHIRO.ORG

Join us Thursday March 28th for a special meet 'n greet at the local chiropractic university clinic. DC license renewals due in April, there is no FCA make-up session, but consider ChiroLearn.org if missing hours 2024 renewals are ready with payment by check, online, or QR payment code on page 13; please consider PAC



SHOO'

TRAPSHOOTING

TOURNAMENT



Thursday

Tenth Annual Pinellas County Chiropractic Society

UR THE PAC

Check out this years NEW location

Skyway Trap Club 3200 74th Ave. North St. Petersburg, FL 33702.

This is a trapshooting event that will be held at the Skyway Trap Club in St. Petersburg. No previous gun handling experience or equipment is needed, as there will be registered instructors to help each participant in the safe use and handling of the shotguns. There are no age restrictions for participating.

Proceeds from this FUN event will benefit the PCCS PAC and will be used to support campaigns of State Legislators that support the chiropractic profession.



(includes one practice round and two tournament rounds of trap, trophies and lunch!):

Current PCCS members and their guests \$95/person Non-members and their guests \$105/person Corporate sponsored team of five \$450/team

Corporate Sponsorships available:

Ammunition Sponsor: Company info and Logo on all boxes of shells used in the tournament includes a team of 5 shooters \$1200. Only one of these is available.

Trap House Sponsor: Your Company Banner placed in front of a trap house for all to see \$600. Four of these available.

Trophy Sponsor: Recognition of sponsoring the trophies during the awards ceremony \$500

Lunch Sponsor: Recognition of sponsoring the Lunch during the awards ceremony \$500

Make checks payable to: PCCS PAC

Dr. Michael Roberts Mobile 727 434 2002 or contact mkrdc@aol.com.

Time: 10:00 AM

for squad assignments (must be prompt)

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ANNUAL CHIRO DAY AT THE CAPITAL

I want to start this article with a quote I heard over 30 years ago when I started with the PCCS and my introduction to the legislative process by our Director of Government Affairs Jack Hebert. *"If you're not sitting at the table, your most likely on the menu."* FCA recently hosted its annual Chiro Day at the Capitol on Jan. 16th. Pinellas county was represented this year by Dr. Chris Langheier our FCA Delegate, Dr. Brian Bikerton from North Suncoast, John Asmus NUHS student SACA VP and myself. Collectively we were the voices from "back home" sitting at the table.

There were four primary talking points on this year's issue brief. First, stressing that the Florida Chiropractic Association is the Preeminent voice of the Chiropractic Profession, representing over 75% of the licensed DC's in the state since 1931. Noting that other, lesser groups try to "piggyback" on our legacy for their limited personal agendas. Second, was the FCA's support of a proposed Physician Lien Law. This is designed to provide accountability and transparency in settlements of personal injury cases. Third, continuing to support the preservation of the current No-Fault Auto Ins system in lieu of a mandatory BI system. This will be the 10th year this has been a major session issue. Finaly, in a bill similar to the Live Healthy package designed to expand the health care workforce in FI. SB1474 / HB1063 looks to clarify licensure for students with foreign-trained undergraduate degrees and clarify statutory scope on Dry Needling.

While this was the start of the second week of the session and members were busy with the early committee meetings, we still met with staff from all of the local offices and Rep. Cross in person. We all have to stay politically aware of what is happening in our state that may affect us not only professionally but personally. Let our ELECTED representatives know that Chiropractic care is vital to the health of our patients and the citizens of Florida. Stay tuned to the FCA's Legislative updates and act when called on, by contacting your local state senator or representative. Also, watch for our July "Meet the Candidate" forum meeting.

Mark C. Wieland, DC







THE RADIOLOGIST'S VIEW



The Importance of Evaluating the Median Atlantoaxial Joint

The spinal manipulation treatment protocol that is ubiquitous and unique amongst the chiropractic profession mandates that careful evaluation of spinal stability be performed. The median atlantoaxial joint is a target site for many conditions. Several of these can cause changes that can result in spinal instability and, for that reason, is the topic of discussion.

The median atlantoaxial joint is a complex region of anatomy that needs to be assessed during the routine evaluation of cervical spine images. This joint consists of the odontoid process (dens), the posterior aspect of the anterior arch of the atlas, associated ligaments, and synovial tissue. It is this anatomy that predisposes this region to instability. The transverse ligament tightly holds the odontoid process against the posterior portion of the anterior arch thereby establishing a potential site of weakness in cases of trauma. Interposed between the anterior surface of the odontoid and the anterior arch of the atlas is a synovial membrane and interposed between the posterior surface of the odontoid process and the transverse ligament is another synovial membrane. The synovial anatomy creates the potential for erosion of the osseous structures and/or ligaments, and therefore instability of the joint, in cases of inflammatory arthropathies or other causes of soft tissue inflammation.

However, despite the atlantoaxial joint complexity, the determination of stability is relatively simple. The space between the anterior surface of the odontoid process and the posterior portion of the anterior arch of the atlas is called the anterior atlantodens interval or ADI. On the lateral view of the cervical spine, taken at a 72-inch focal film distance, a space that exceeds 3.5mm in the adult or 5.0 mm in a child in either the neutral position or in flexion indicates instability. Instability is almost always associated with fracture of the odontoid whereas isolated instability without fracture indicates an abnormal transverse ligament related to trauma, inflammation, or congenital anomaly. This includes rheumatoid arthritis, ankylosing spondylitis, tonsillitis and pharyngitis that leads to ligament laxity due to hyperemia. As a matter of fact many of the inflammatory arthropathies are capable of causing instability. Within the congenital category, Down syndrome is often associated with an unstable atlantoaxial joint.

So, in practical terms, what does this mean? Prior to manipulation of the cervical spine, a patient with a history of cervical spine trauma, known or suspected inflammatory arthropathy, infection or certain congenital anomalies, should be screened with a lateral view of the cervical spine in the neutral position and in flexion to evaluate the ADI. Routine radiographic examination without flexion views may not be sufficient for evaluating the ADI prior to manipulative therapy. An important caveat: do not perform the lateral view in flexion until the neutral lateral is screened.

Keep an eye on the ADI if you want to improve patient care, minimize your liability, promote a successful practice and enhance your professional standing in the health care system.

Terry D. Sandman, DC, MPH, DACBR <u>drtsandman@aol.com</u>

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The Audible Release is published 10 times per year and unlimited downloads available online.

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

P.O. Box 7515 Seminole, FL 33775-7515 www.pccschiro.org





Executive Director

Cynthia Gramberg P.O. Box 7515, Seminole, FL, 33775-7515 email: ed@pccschiro.org

Calendar of Events

Monthly Dinner Meetings Join us In-Person

Last Tuesday of the Month www.pccschiro.org/annual-calendar

> Marriott Upstairs 12600 Roosevelt Blvd. N St. Petersburg, FL 33716 6:30-8:30 pm

. Dinner/Speaker at 7 pm Please RSVP to Evite for dinner attendance

February

27th-General Meeting Location: Mariott Upstairs 12600 Roosevelt Blvd N., St Petersburg,FL 33716 Speaker: Dr. Martensen Topic: Interesting Radiology Case Studies

<u>March</u>

Meeting Changed to Thursday 28th-General Meeting Location: National University of Health Science 7200 66th St N, Pinellas Park, FL 33781 Speaker: NUHS Students Topic: Student Case Studies

<u>April</u>

30th-General Meeting Location: Mariott Upstairs 12600 Roosevelt Blvd N., St Petersburg,FL 33716 Speaker: Ligori & Ligori Topic: 2024 Legislative Changes Influencing Your Practice

March Board meeting 12th 12:30pm Zoom

April Board meeting 9th 12:30pm Zoom

PCCS PAID MEMBERS 2024 "Thank you to the chiropractors below that are supporting the PCCS and PAC in 2024" See page 13 for the 2024 Membership Application

Names listed in BOLD have donated to the PAC Political Action Committee

And are additionally recognized on the member directory with a "PAC Star"

Jennifer Gantzer

New Members 2024 Aaron Day, D.C.

D.C. DACBN Melodie Hammer, D.C. Sarah Kelly, D.C. Nelson Klahr, D.C. Deric Lovell, D.C. Mark Lipkin, D.C. Jenna Montana D.C. Terry Sandman D.C. D.A.C.B.R. David Sandefur, D.C. Rhonda Schroeder, D.C. Scott Thorpe, D.C., D.A.C.B.R. Lorraine Thorpe, D.C. Jade Woodruff, D.C.

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Learn how you can become part of the biggest and most active local society in the state YOU can become a Sponsor Contact Cynthia Gramberg today for more information at ed@pccschiro.org



SILVER

GOLD





Audible Release, February 2024



BRONZE

Central Imaging Open MRI	9
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Akumin	9
Saint Pete MRI	8
Susanti Chowdhury, M.D.	8
Tampa Bay Imaging	10
Thomas Boland, MD, DMD	10

To the left, thank you NUHS intern & alumni who represented NUHS as intern Board of Director Ambassadors



Join Us at the PPC Clinic for March's meeting Thursday, March 28th 7 pm National University of Health Sciences Whole Health Center – Pinellas Park 6630 78th Ave. N. Pinellas Park, FL 33781

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Susanti Chowdhury, MD, PA

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OFFICE BUILDING FOR LEASE - Fully equipped Chiropractic office for lease or share on busy road in Oldsmar, FI Completely furnished with X-Ray facilities. Good opportunity for associate. For more info please e-mail Rgolden19@aol.com

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SEEKING TO PURCHASE a practice in mid-Pinellas county targeting Dunedin, Safety Harbor, Tarpon Springs area or surroundings. Please contact Ken D'Souza at kdsouzadc@gmail.com

OFFICE SPACE TO SUBLET in Chiropractic office Palm Harbor. One or Two 9x9 room(s) (one with sink) Contact: Mark Lipkin (727) 787-4787

The PCCS Board of Directors wants to express our appreciation and thanks for all the support that these sponsors have extended to the Chiropractic Profession.

ABOUT THE PCCS

The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!

Join Now: https://pccschiro.org/join-now

OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)

We need your support!

This year's legislative session is underway and bills affecting the Chiropractic profession, including the repeal of PIP and replacing it with BI, are at the committee level in Tallahassee.

Renew or become a member today!!

Please consider making a **donation to the PCCS PAC** so we can support those legislators who support our profession!



The following will be displayed in the	he website member directory
Name:	
Credentials and Post-doctorate certifications:	
Circle all that apply: DC MS DABCI DACBN DACK	NB DACBSP DACBR DICCP
Select One: New Member / Renewa	al / New Member 1 st Year DC
Renewals Only: complete below ONLY IF	YOUR CONTACT INFO has changed
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Office Phone:	
Cell phone (for PCCS communications):	On directory? Y / N
*Membership is for the chiropractor listed above only & is n	on-transferable.

New Members & Renewals: PAC contribution; website 'PAC star' & newsletter 'bold'

- Annual Dues with a \$50 voluntary contribution to the PAC = \$225.00
- Annual Dues = \$175.00
- 1st Year DC: Graduated in 2022
- 1st Year Licensed D.C. Annual Dues +\$50 contribution to the PAC = \$149.00
- 1st Year Licensed D.C. Annual Dues = \$99.00

ONLINE APPLICATION & RENEWALS* AVAILABLE

https://pccschiro.org/paynow/

Or you may still Join or Renew* by Mail:

Enclose Completed Application Invoice Check Payable to:

PCCS, P.O. Box 7515 Seminole, FL 33775-7515

* Paper & Online renewal form only needs to be completed if contact info has changed.



PCCS Pay Now

General Monthly free Educational Dinner Meetings are the "last Tuesday of the month" at the Marriott from 6:30-8:30 pm. Marriott upstairs, 12600 Roosevelt Blvd N, St. Petersburg

Know someone interested in joining as a DC/Sponsor/Advertiser; www.pccschiro.org click "Join Now or Get Involved"

Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions. *Contributions to the PCCS-PAC are not deductible as charitable contributions for federal income tax purposes.

The PCCS Board of Directors as well as our membership would like to thank all of our sponsors for their support in 2023. We couldn't continue to promote, protect, preserve and advance the Chiropractic profession without your support. We look forward to working with you and your continued support in 2024.

MEMBERS: PLEASE SUPPORT OUR SPONSORS BY DOING BUSINESS WITH THEM AS THEY ARE SUPPORTING THIS SOCIETY AND YOUR PROFESSION!





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