The Official Publication of the Pinellas County Chiropractic Society



We Appreciate You....



By Addison Ozakyol, D.C. ATC. CSCS

Please see pages 2-3 as we wish farewell to late past-president, our dear friend and colleague, Dr. Albert Comey







Thank you NUHS clinic for hosting our March meeting and to student interns Nicole, Ayla, and Logan (L to R) for presenting cases.















VISIT US ONLINE AT PCCSCHIRO.ORG

NEW DINNER VENUE LOCATION!!! Join us at the Pinellas Park Chamber of Commerce; see pg-6 for address Join us on Thursday, May 4th for our annual fundraiser Shoot for the PAC in Odessa; see pg-12 for form CPR biannual re-certifications are due; Join Us for CPR class and recert FREE for members on June 27th

FAREWELL TO A GREAT FRIEND AND DOCTOR

Albert Comey was born on April 18th, 1970 at Bayfront Medical Center in St Petersburg Florida. He was affectionately called Al. Al & I grew up in the same neighborhood playing basketball in his front yard, video games, soccer, and other mischief we may have gotten ourselves into.

When he was 14 years old, he developed knee pain. At the time, his mother was being treated by a local chiropractor due to an auto accident and suggested to him that he should be evaluated. Back then he was very suspicious of chiropractic. He said, "what the heck", you're paying for it! After a few weeks of treatment, his knee pain was gone, and he became a believer. That paved the road for what he wanted to do with his life.

During Al's time at FSU (Go Noles!), he met Jennifer Olow, in which I truly believe God, the Universe, whatever you may believe, brought them together. All of you that have known Al early on, know what I mean! It was a Yin and Yang situation.

Al decided to go to Life University to pursue Chiropractic. During undergrad, Al and I had stayed close friends so we decided that we would all live together while we attended graduate school. We were the "Reverse Three's Company" (Al, Jen and me). We had some really great stories, experiences, and adventures during that time.

Through his time at Life University, Al worked and shadowed under Dr. Ken Humber, a well-known upper cervical doctor (Orthospinology) in Atlanta. After finishing Chiropractic school in 2000, Al and Jen decided to move back to Pinellas County to practice chiropractic.

Al joined the PCCS shortly after moving back to Pinellas County in 2001. He wanted to be more involved and was nominated to a board seat, however, Al was the only member of the PCCS to lose in a run-off for a board seat to the late Dr. Kelly Reed! He would eventually get on the board the following year.

In 2005, Al was at a Parker seminar in which he heard Dr. Dan Murphy speaking on neurology. Al received his next calling and that was to attend The Carrick Institute of Graduate Studies. He received his diplomate in Chiropractic Neurology in 2009. During that time and after, Al was always working on advancing his knowledge to be able to best serve his patients, going to countless seminars and receiving certifications. While on the PCCS board of directors, he performed every board position and was President multiple times. He was a valued member for 22 years. During those 20 years as a board member, Al received Chiropractor of the Year, Service Awards, and the Anthony Mosca Chiropractor of the Year. Al will also be remembered for his wacky outfits for the PCCS Golf Tournaments. Our team might not have posted the lowest score at the tournament, but he always said, "we won the sexiest foursome."



2 www.pccschiro.org

FAREWELL TO A GREAT FRIEND AND DOCTOR

During his time with the PCCS, AI rarely missed monthly meetings and made every trip for Chiropractic Day on the Capitol in Tallahassee. For those of you that couldn't make the Tallahassee trips, you missed some great times! We have stories that will be able to be told for years and have laughs so hard they make you tear up (maybe not so much for Jen!)



For those that have been long time members or sponsors remember the late nights at Tucsons (we closed it down!), the great conversations, the shenanigans he would instigate, Holiday parties, the golf tournament costumes, and so much more. They will be forever missed by me and all of you that knew him. We are all family, and we just lost a great member of that family.

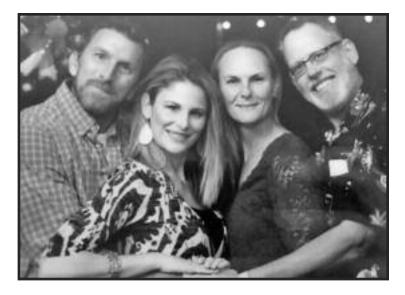




Al's devotion to his profession and his larger-than-life character will be painfully missed. We appreciate all that you gave Albert J Comey D.C. DACNB.

Jason Miller, D.C.

For a full obituary written by his brother, Edward Comey, and video of the service: <u>www.hubbellfuneralhome.com</u>



THE RADIOLOGIST'S VIEW



TAKE THE PLEDGE

Most everyone will take a pledge sometime during their lifetime. The

pledge is basically a promise to do something; show allegiance to your country, be faithful to your spouse or perhaps agree to pay back a loan. But have you ever taken a

professional pledge to be a better physician? In diagnostic imaging, this has become a realistic option. The American College of Radiology, the Radiological Society of North America and others, combined forces to create the "Image Wisely" campaign with the objective of reducing radiation and unnecessary imaging studies and procedures. This gives us a chance to demonstrate adherence to diagnostic imaging standards, as an individual practitioner and as a profession.

The "Image Wisely" campaign allows imaging professionals, referring practitioners, imaging facilities and associations to take an annual pledge to help meet the objectives of the campaign. Their website provides information for patients regarding imaging procedures, patient safety and radiation dose. A link to a sister organization, "Image Gently", for pediatric radiation safety information, is provided. Medical imaging record templates are available for patients in order to allow them to keep track of their radiation exposure. Radiation safety information and other resources for referring physicians are available that can help the referrer when deciding the need for imaging and appropriate modality selection.

So exactly what do you have to do? First, visit the website "Imagewisely.org" and take a look at all that is available. When you are ready, click the "Take the pledge" button then click the appropriate "Pledge" button. If you are a "Referring Practitioner" you will be asked if you have reviewed the webpage for referring practitioners. If yes, take the pledge. You will pledge to educate yourself regarding radiation exposure, and to balance benefits of the imaging

exam against potential risk of that exam. You will also pledge to consult with specialists in medical imaging as needed, to choose appropriate imaging examinations for your patients.

Radiology has been, and will continue to be, an essential tool for our profession. Our conservative approach to health care demands that we utilize ionizing radiation with a healthy dose of caution. In addition, we are often scrutinized and suspect when it comes to standard of care and appropriateness of procedures. The only way to overcome this perception is to do better and continue to improve. Because radiology is ubiquitous in health care, we must conform to the standards that have been established. The quality of our diagnostic images needs to be compared to these standards. It's important to remember that the quality our diagnostic images create an image of our profession.

By taking the Pledge you are demonstrating your willingness to improve your understanding of the proper use of diagnostic imaging and, at the same time, enhance our profession's image.

Terry D. Sandman, DC, MPH, DACBR drtsandman@aol.com

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Board of Directors

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is published 10 times per year and unlimited downloads available online.

Editors: Dr. Jen Gantzer Dr. Autumn Burns

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

P.O. Box 7515 Seminole, FL 33775-7515 www.pccschiro.org





Executive Director Jennifer Comey

P.O. Box 7515, Seminole, FL, 33775-7515 email: ed@pccschiro.org

Audible Release, March 2023

Calendar of Events

Monthly Dinner Meetings Join us In-Person

Last Tuesday of the Month www.pccschiro.org/annual-calendar

NEW VENUE

Pinellas Park Chamber of Commerce 5851 Park Blvd, Pinellas Park, FL 33781 Park Blvd between 49th & 66th St

6:30-8:30 pm

Dinner/Speaker at 7 pm Please RSVP to Evite for dinner attendance

<u>April</u> 28th-General Meeting Location: Pinellas Park Chamber of Commerce Speaker: AKUMIN Topic: Neuroquant Clinical Application: Patient Cases

<u>May</u> 4th - PAC shoot Annual Fund Raiser Event 17202 Target Way, Odessa, FL 33556

28th-General Meeting Location: Pinellas Park Chamber of Commerce Speaker: TBA Topic: TBA

<u>June</u> 27th-General Meeting Location: Pinellas Park Chamber of Commerce Special Event CPR Resertifications

> April Board meeting 11th 12:30pm Zoom only May Board meeting 11th 12:30pm In-Person only

PCCS PAID MEMBERS 2023 "Thank you to the chiropractors below that are supporting the PCCS and PAC in 2023" See page 14 for the 2023 Membership Application

Names listed in BOLD have donated to the PAC Political Action Committee

And are additionally recognized on the member directory with a "PAC Star"

Woody Brown, D.C. Charles Crandall D.C. Fred Freed, D.C. Albert Gadomski, D.C. Jennifer Gantzer D.C. MS DACBN Rudy Heiser, D.C., D.A.C.B.R. Clay Hopkins D.C. D.A.B.F.P. Tom Hughes D.C. Russell Janssen, D.C. Sarah Kelly, D.C. Peyton Lacy, D.C. Andrew Levin, D.C. Mark Lipkin, D.C. Jason Miller D.C. Addison Ozakyol D.C. Fouad Raad D.C. Sam Richards, D.C. Michael Roberts D.C. Marc Rogers, D.C. Daniel Roode D.C. David Sandefur. D.C. Scott Thorpe, D.C., D.A.C.B.R. Lorraine Thorpe, D.C. Terry Sandman D.C. April Shook D.C. Daniel Strauss D.C. Jordon Vanderveen, DC. Mark Wieland D.C.

Welcome 2023 New Members Richard Frost, D.C. Chris Slininger, D.C. Jade Woodruff, D.C.

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PCCS Sponsors * Denotes New Sponsor



Coastal Medical Imaging	15
Demesmin & Dover Law Firm	10 & 16

Learn how you can become part of the biggest and most active local society in the state YOU can become a Sponsor Contact Jen Comey today for more information at ed@pccschiro.org





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Audible Release, April 2023



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- Headache
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Arthritis pain



- Sports injury
- Work-related injury
- Motor vehicle injury
- Any chronic pain
- Regenerative Injection Therapy (Stem Cell Replacement)

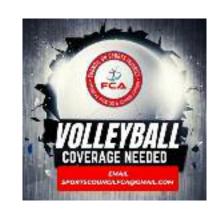
727-526-2771

Susanti Chowdhury, MD, PA

Two Locations to Serve You 1945 East Bay Dr. Largo and 6231 66th St. N. Pinellas Park

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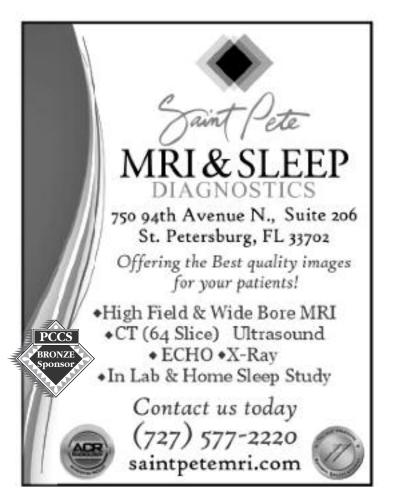
Dr. Ozakyol & FCA Sports Council would like to extend an invitation to join the FCASC (FCA Sports Council).

There is currently 10+ events scheduled between November 2022 – May 2023 opportunities to provide first aid to local athletes

Membership with the FCASC is FREE for the 2022-2023 fiscal year.



Please scan the QR code to submit your information.







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Business Directory

ATTORNEYS

J. Stanford Morse, P.A.

Phone: 727-347-7737 www.injurylawus.com

FL Legal Group

Phone: 813-221-9500 Philip A. Friedman, Esq., MBA Email: Inquiry@FLLegalGroup.com http://www.FLLegalGroup.com

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FREE TO A 2021 PCCS MEMBER: Winco tables. They have imperfections on their tops. 2 - 14 X 17 rare earth green cassettes/screens and 3 - 10 X 12 of the same. Please contact Dr. Russell Janssen at 727-726-8822 or email at backdr1@verizon.net

OFFICE COVERAGE- 1982 grad from Texas Chiropractic College. Proficient in Diversified, activator, Arthrostim and Chirotouch. Prefer the Largo, Seminole, St Pete and Clearwater areas. 727-212-1902. Dr. Doug Kole

ADJUSTING/TREATING CHIROPRACTOR NEEDED IN CLEARWATER, FLORIDA. Competitive Salary plus bonus. New graduates and experienced doctors are invited to apply. Must have a Florida License. For more information about this position please call Dr. G at 614-582-2135, you can also visit our website at https://www.grangerhealth.com/.

SEEKING TO PURCHASE a practice in mid-Pinellas county targeting Dunedin, Safety Harbor, Tarpon Springs area or surroundings. Please contact Ken D'Souza at kdsouzadc@gmail.com

ROLLER TABLE FOR SALE: \$2,500 - Anatomotor from Hill Laboratories Roller Table built with the complete cervical and lumbar traction package. Vibration and heat are included on the table. The table is in near perfect condition with the only flaw being a tear along the roller cover. Asking for \$2,500. Pick up available in St. Petersburg. If interested, please call 727-328-8442

The PCCS Board of Directors wants to express our appreciation and thanks for all the support that these sponsors have extended to the Chiropractic Profession.



Ninth Annual Pinellas County Chiropractic Society

SHOOT FOR THE PAC TRAPSHOOTING TOURNAMENT

Thursday

This is a trapshooting event that will be held at the Silver Dollar Trap Club in Odessa. No previous gun handling experience or equipment is needed, as there will be registered instructors to help each participant in the safe use and handling of the shotguns. There are no age restrictions for participating.

Proceeds from this FUN event will benefit the PCCS PAC and will be used to support campaigns of State Legislators that support the chiropractic profession.

PRICE

(includes one practice round and two tournament rounds of trap, traphies and lunch!):

Current PCCS members and their guests \$95/person Non-members and their guests \$105/person Corporate sponsored team of five \$450/team

Corporate Sponsorships available:

Ammunition Sponsor: Company info and Logo on all baxes of shells used in the tournament includes a team of 5 shocters \$1200. Only one of these is available.

Trap House Sponsor: Your Company Banner placed in front of a trap house for all to see \$600. Four of these available.

Trophy Sponsor: Recognition of sponsoring the trophies during the awards ceremony \$500

Lunch Sponsor: Recognition of sponsoring the Lunch during the awards ceremony \$500

Make checks payable to: PCCS PAC

Dr. Michael Roberts Mobile 727.434.2002 or mkrdc@aol.com

Time: 10:00 AM for squad assignments (must be prompt)

Address: 12515 Silver Dollar Dr., Odessa, FL 33556

ABOUT THE PCCS

The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!

Join Now: https://pccschiro.org/join-now

OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)

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Philip A. Friedman, Esq., MBA

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- PERSONAL INJURY (NO-FAULT)
- PIP
- IME
- EU0
- PERSONAL INJURY (BI)
- CIVIL LITIGATION
- INSURANCE LAW
- PIP BILLING COMPLIANCE
- FEE SCHEDULES
- SINKHOLE

MAIN OFFICE - TAMPA 2700 W. DR. MLK JR. BLVD., SUITE 400, TAMPA, FL 33607



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Name:	
Credentials and Post-doctorate certifications:	
Circle all that apply: DC MS DABCI DACBN DACNB DACBSP DACBR DICCP	
Select One: New Member / Renewal / New Member 1 st Year D	C
Renewals Only: complete below IF YOUR CONTACT INFO has char	nged
Office or Company Name:	
Office or Company Address:	
Multiple office locations:	
Email:	
Office Phone:Office Fax:	
Cell phone (for PCCS communications):On dir	ectory? Y / N
*Membership is for the chiropractor listed above only & is non-transferable.	
 <u>New Members & Renewals:</u> PAC contribution; website 'PAC star' & news Annual Dues with a \$50 voluntary contribution to the PAC = \$22 Annual Dues = \$175.00 <u>1st Year DC</u>: Graduated in 2022 1st Year Licensed D.C. Annual Dues = \$99.00 	25.00
ONLINE APPLICATION & RENEWALS* AVAILABLE https://pccschiro.org/join-now/ <u>https://pccschiro.org/paynow/</u> Or you may still Join or Renew* by Mail:	
Enclose Completed Application Invoice Check Payable to:	
PCCS, P.O. Box 7515 Seminole, FL 33775-7515 *Paper & Online renewal form only needs to be completed if contact info has changed.	PCCS Pay

General Monthly free Educational Dinner Meetings are the "last Tuesday of the month" at the Marriott from 6:30-8:30 pm. Marriott Crafted Plate, 12600 Roosevelt Blvd N, St. Petersburg Know someone interested in joining as a DC/Sponsor/Advertiser; www.pccschiro.org click "Join Now or Get Involved"

Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions. *Contributions to the PCCS-PAC are not deductible as charitable contributions for federal income tax purposes.



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