



# The Audible Release

## Jam Packed With A Full Calendar.....

By Jen Gantzer, DC, MS, DACBN, FACN



As a grassroots affiliate of the FCA, I strongly encourage supporting the FCA for in-person convention, and for those unable to attend or prefer online, choose the online CEs from the FCA ChiroLearn; there is a discount for FCA members as well. As described by our FL lobbyist, Jack Hebert, in a recent FCA Bulletin we need to raise lobbying PAC funds, especially in this vital primary election year, to ensure we are financially backing pro-chiropractic candidates.

*“Right now, as we enter the critical 2022 election season we need to count on your support. I can assure you that we will need the active participation of every FCA member to continue to have a strong voice in determining the future for chiropractic here in our state.”*

*-Jack Hebert, FL Lobbyist*

It’s already August and the PCCS is jam-packed with a full calendar as the second half of the year approaches!

We have some VERY important events rapidly approaching including the primary election on August 23<sup>rd</sup>, annual FCA National convention August 25<sup>th</sup>-29<sup>th</sup> in Orlando hosted at the downtown Hyatt Regency, the joint PCCS-HCCS in Tampa at BioSpine on October 25<sup>th</sup>, and our annual fundraising event Golf Tournament on October 6<sup>th</sup>.

\*\*\*Florida is a closed primary state\*\*\*

*“Only voters registered with a political party are entitled to vote in that party’s primary election.”*

<https://www.votepinellas.com/ElectionReady>

We enjoyed an excellent Candidate Forum hosted by our board member, and chiropractor, Mayor Woody Brown who successfully recruited 11 candidates. It’s extremely valuable to develop relationships with our current and future Representatives and Senators who we ask for chiropractic support regularly to introduce bills that serve us or protect us against damaging ones that may hinder us. Florida has one of the largest scope of practices and we need legislative friends of chiropractic. These are also the friendly faces we visit during Tallahassee Chiro Day and Washington DC Engage (prior NCLC). Please be sure to vote on August 23<sup>rd</sup> however, you may only vote for your registered party affiliation.

I’m personally determined to help Jack raise PAC funds and heighten the awareness for financial support from members and sponsors to protect our PCCS members and all DCs in FL!! Help me raise PAC funds with the new QR code!

**PCCS member PAC-drive for FCA!!**  
**Donate with the new PCCS-PAC QR code!**

\$50 or more earns attendance into the  
 FCA Friday PAC reception with hors d’oeuvres & cocktails  
 PLUS...

\$25 PCCS-PAC match for every member  
 who uses the PCCS-PAC QR code for a PAC donation!

Our annual fundraising Golf Tournament event is scheduled for Thursday October 6<sup>th</sup> at Bardmoor in Largo; always a fun event with food and prizes. We are recruiting teams and sponsors, see page 7 for details.

**VISIT US ONLINE AT PCCSCHIRO.ORG**

**No Meeting in August to support FCA; next regular educational dinner meeting Tue Sept 27th**

**See you at the FCA National Convention in Orlando August 25th – 28th**

**PAC/ChiroPAC donations support lobbying efforts for pro-chiropractic candidates**

**FCA \$50 or more PAC Reception Friday evening; I encourage attendee’s support and attendance**

**Annual Golf Tournament & Fundraiser Oct 6th at Bardmoor ...seeking golfers & sponsors!**

## Interview DC, PhD Lincoln Chair of Chiropractic & Biomechanics Research – by Jen Gantzer

Dr. Nathan Schilaty is the current dual-doctorate (DC, PhD) FCA-funded Lincoln Chair of Chiropractic & Biomechanics Research in the Department of Neurosurgery & Brain Repair at USF's Tampa campus. I had the opportunity to meet Dr. Schilaty at the 2021 FCA Friday PAC reception and was also excited to see him highlighted in a recent FCA Bulletin highlight on June 3<sup>rd</sup>, "*Update on The USF Lincoln Chair of Chiropractic & Biomechanics Research.*"

Dr. Schilaty was onboarded at USF in November 2021. In just a few short months, he has integrated within the department, established collaborations, and has already made outstanding contributions to the advancement of chiropractic research at the University. The Neurosurgery department has increasingly expressed intrigue in Dr. Schilaty's research. Recently during a weekly Neurosurgery Grand Rounds meeting, he caught attention of the department with his discussion of a custom-built cadaveric spine simulator that will be delivered to his laboratory Oct 2022 for future research projects. He described the potential benefits of this simulation work with threefold benefits: 1) a multimodal approach which assimilates the best various research models, 2) reduction of *in vivo* "real-person" variability to determine true mechanisms of injury or intervention, and 3) digital computer 3D simulations from MRI or CT mapping of body segments that can provide additional real-world analyses without actually causing harm to a human subject. In addition to the current research projects and inter-departmental collaborations, he continues to work on an NCMIC-funded grant on posture; he is looking forward to publishing the outcomes of this project soon. In fact, he will be presenting on this project at the upcoming August FCA National convention in Orlando. Both Dr. Schilaty and our Florida lobbyist, Jack Hebert, will be attending our October PCCS-HCCS joint meeting hosted at Tampa's Biospine where we look forward to hearing updates from each of them including Dr. Schilaty's research and the political arena from Jack.



PAC funds support chiropractic  
scope of practice  
&  
pro-chiropractic candidates  
**Please donate for  
FCA or Golf Tournament  
...or BOTH!**



**PCCS Candidate Forum**  
*hosted by*  
**Mayor Woody Brown**



## Strategies for Different Patients – by Jordon Vanderveen

Practicing chiropractic medicine in the state of Florida has been a great honor to us all. We've been fortunate to have so many freedoms in our scope of practice that we don't see in many states and countries around the world. This is a short opinion piece of what I've seen in practice the last year.

Different body types determine different treatment rendered for best possible outcomes in my practice. Adjusting a younger athlete or the weekend warrior can be much different than 45-year-old autoimmune patient that has never had chiropractic before. Forming clinical decisions about what areas to treat and why, can be basic and/or intricate depending on the person sitting in front of you. Below is a list of some of the more difficult musculoskeletal patients that can walk into our offices.

### ***The osseous patient***

Some persons are smart movers and have been obsessed with their bodies ever since birth. They typically have a clean diet and have an osseous looking frame with bony cheeks and noticeably wider shoulders. When going through patient intake with them, they typically have more of a Type A personality and know most answers to your history questions. Unless acute injury draws your attention to an area for palliative care, this patient responds best to less adjusting. Typically, upper cervical adjustments and one to two throughout the rest of their body will give great results.

### ***The autoimmune patient***

These patients typically have a little extra weight on them and have been hesitant to start chiropractic or return to chiropractic because of how sore they get in the days to follow post-adjustment. How can we get a similar response to the central nervous system without creating so much tissue damage from a heavier Thompson-Drop or Diversified type adjustment? We all remember those little clicker things they gave us in school, the activators; or you may have the pro adjustors like an artho-stim or a model like. Using these instruments, the light stimulus to the specific joints tends to yield great response with little to no complaints of extreme pain the next visit from how sore they are from the adjustment itself.

### ***The chronic recurrent injury patient***

This patient typically has a love/hate for chiropractic because the adjustments help get them out of pain but the way they move throughout the rest of the day puts them right back in harm's way and therefore back into a pain and stressful situation. Most of them are sedentary desk sitting individuals that moonlight three times per week at the gym to stay in shape. They always leave the office happy, but for how long does their treatment last until the unfortunately move their way back into the same dysfunction. Identifying their movement dysfunction that puts them in pain is key for best possible outcomes in addition to chiropractic. If you don't have any PT in house for rehabilitation, finding a therapist to refer to would create more referral opportunities for your office as well.

Whether you agree with this short opinion piece or not, have you had a best practices discussion with your colleagues lately? Next time you are all together sharing best practices, remember to bring up the interesting and/or the difficult cases. Below you will find a few resources of Best Practices.

<https://pubmed.ncbi.nlm.nih.gov/32749874/> *Best Practices for Chiropractic Management of Patients with Chronic Musculoskeletal Pain: A Clinical Practice Guideline. – Full Text article*

[https://chiro.org/LINKS/Best\\_Practice.shtml](https://chiro.org/LINKS/Best_Practice.shtml)

# THE RADIOLOGIST'S VIEW



## THE RADIOLOGIST'S LEXICON

Acquiring good quality diagnostic images is only the initial step in obtaining the desired clinical information that one seeks from taking or obtaining an x-ray. The next step requires the interpretation

of the x-ray and the transfer of the information into a text format in a clear and concise manner. The terminology, however, can often get confusing and lead to unnecessary frustration.

“There is no definite evidence of osseous or joint pathology”. “There appears to be a small radiopacity...”. “This may represent...”. These, and similar phrases, are some of the frequently used statements that you see in a radiologist’s report. Why do they seem to be so vague and indefinite? Can radiologists ever be certain with things they say?

The radiologist report generally consists of three parts: The technique section, the description portion and the impression or conclusion. Let’s decipher some of the verbiage used in each section of a typical report.

The technique section of the report is straightforward. It is used to describe the type of images that are going to be evaluated such as, naming the x-ray views presented or the MRI sequences obtained. “AP, lateral and oblique views of the cervical spine are submitted.” or, “T1 and T2 sagittal images of the lumbar spine were obtained.”, would be examples. Phrases such as “a routine lumbar series...” or “standard views...” are not acceptable in this part of the report.

The description portion of the report requires more imagination than the technique section. It also allows for a host of terms that can range from concise descriptions to phrases that seem vague, but in reality are meaningless. For example, “The mass may or may not involve the bony cortex and may be more apparent than real.”! The main purpose of this section is simply to describe the image using appropriate terminology. This may include the size, shape and location of a lesion or comment on normal structures. To demonstrate to the referring physician thoroughness in a lumbar spine x-ray report or to respond to a referring

physicians concern of a suspected avascular necrosis the radiologist may use “The right hip is unremarkable”. Many other negative or normal statements are also used here.

Terminology used in the description section of the report such as “...appears to be...”, “...may or may not be...”, and others, are used for good reason. The image on an x-ray film is a shadow of the body, an MRI or CT image is a group of dots generated by a computer and, heaven knows, what an ultrasound image represents. The radiologist does not see pathology but rather the evidence of disease. A shadow in the shape of a bird produced by the hands is not a bird but only appears to be one! Therefore, “No definite evidence of osseous pathology.” Means that there are no shadows on the film that are considered abnormal. Changes on an x-ray film can only “appear” to be present since the radiologist is viewing the two dimensional shadow of a three dimensional structure. In other words, the image on a film can look normal but the patient is diseased.

The impression section of the report essentially represents the translation of the description, the diagnostic conclusion. “There is non-uniform loss of joint space, marginal bony proliferation and subchondral sclerosis” is the description of degenerative joint disease. Why not just give the impression or conclusion in the first place? Having a description section, including “normal” statements, is used to give the referring physician a sense of completeness. It also gives the radiologist a structure and order so that the entire image is assessed. A differential diagnosis is usually used in the impression section since there are few things that are pathognomonic on a diagnostic image.

The radiologist’s report is an essential part of a patient’s file and should be used in the decision making process of patient care and management. The referring doctor and radiologist need to communicate. Understanding the radiologist’s lexicon may or may not make things a bit less frustrating.

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## The Audible Release

is published 10 times per year  
and unlimited downloads available online.

Dr. Jason Miller: Editor

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at [www.pccschiro.org](http://www.pccschiro.org)

The deadline for ads and articles is the 7th of every month.

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# Calendar of Events

## Monthly Dinner Meetings In-Person & Virtual for 2022

### Join us In-Person

Last Tuesday of the Month

### Join us Virtual via Zoom

[www.pccschiro.org/annual-calendar](http://www.pccschiro.org/annual-calendar)

Marriott Crafted Plate  
12600 Roosevelt Blvd N  
St. Petersburg, FL 33716  
6:30-8:30 pm

*Dinner/Speaker at 7 pm*

*Please RSVP to Evite for dinner attendance*

## August

**NO GENERAL MEETING**  
**FCA Orlando Convention**  
**Aug 25th - 28th**

## September

**27th-General Meeting**

**Location:** St. Petersburg Marriott - 2nd Floor  
**Speaker:** Coastal Imaging  
**Topic:** TBA

**August Board meeting 9th 12:30pm**  
Zoom

**September Board meeting 13th 12:30pm**  
Zoom

## PCCS PAID MEMBERS 2022

“Thank you to the chiropractors below that are supporting the PCCS and PAC in 2022”  
See page 14 for the 2022 Membership Application

Names listed in **BOLD** have donated to the PAC  
*Political Action Committee*

And are additionally recognized on the member directory with a “PAC Star”

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<b>Tom Hughes, D.C.</b>	<b>Welcome 2022</b>
<b>Russell Janssen, D.C.</b>	<b>New Members</b>
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## SILVER

## 27th Annual Golf Tournament & Fundraiser

Bardmoor Golf & Tennis Club; Thursday October 6, 2022



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**OFFICE BUILDING FOR LEASE** - Fully equipped Chiropractic office for lease or share on busy road in Oldsmar, FL Completely furnished with X-Ray facilities. Good opportunity for associate. For more info please e-mail Rgolden19@aol.com

**FREE TO A 2021 PCCS MEMBER:** Winco tables. They have imperfections on their tops. 2 - 14 X 17 rare earth green cassettes/screens and 3 - 10 X 12 of the same. Please contact Dr. Russell Janssen at 727-726-8822 or email at backdr1@verizon.net

**OFFICE COVERAGE-** 1982 grad from Texas Chiropractic College. Proficient in Diversified, activator, Arthrostim and Chirotouch. Prefer the Largo, Seminole, St Pete and Clearwater areas. 727-212-1902. Dr. Doug Kole

**ADJUSTING/TREATING CHIROPRACTOR NEEDED IN CLEARWATER, FLORIDA.** Competitive Salary plus bonus. New graduates and experienced doctors are invited to apply. Must have a Florida License. For more information about this position please call Dr. G at 614-582-2135, you can also visit our website at <https://www.grangerhealth.com/>.

Seeking to purchase a practice in mid-Pinellas county targeting Dunedin, Safety Harbor, Tarpon Springs area or surroundings. Please contact Ken D'Souza at [kdsouzadc@gmail.com](mailto:kdsouzadc@gmail.com)

**The PCCS Board of Directors wants to express our appreciation and thanks for all the support that these sponsors have extended to the Chiropractic Profession.**

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## ABOUT THE PCCS

The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

*We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!*

Join Now: <https://pccschiro.org/join-now>

## OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

## PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)

# PERSONAL INJURY PROTECTION (PIP) ATTORNEYS

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Philip Friedman and the FL Legal Group team have represented many individuals and medical providers helping them protect their rights against the insurance companies.

**RECOVERED MILLIONS OF DOLLARS FOR PCCS MEMBERS, AND PROUD SUPPORTERS OF PCCS FOR A DECADE.**

**Philip A. Friedman, Esq., MBA**

## AREAS OF PRACTICE

- HEALTH CARE CLINIC COMPLIANCE
- PERSONAL INJURY (NO-FAULT)
- PIP
- IME
- EUO
- PERSONAL INJURY (BI)
- CIVIL LITIGATION
- INSURANCE LAW
- PIP BILLING COMPLIANCE
- FEE SCHEDULES
- SINKHOLE



**813-221-9500**

**MAIN OFFICE - TAMPA**

**2700 W. DR. MLK JR. BLVD., SUITE 400, TAMPA, FL 33607**



**PCCS 2022 Membership Application & Invoice**  
 January 1, 2022 thru December 31, 2022  
*Payments due for 2022 due by January 31<sup>st</sup> for our calendar year renewal*

**The following will be displayed in the website member directory**

Name: \_\_\_\_\_

Credentials and Post-doctorate certifications:

*Circle all that apply:* DC MS DABCI DACBN DACNB DACBSP DACBR DICCP

Select One: New Member / Renewal / New Member 1<sup>st</sup> Year DC

*Renewals Only: complete below IF YOUR CONTACT INFO has changed*

Office or Company Name: \_\_\_\_\_

Office or Company Address: \_\_\_\_\_

Multiple office locations: \_\_\_\_\_

Email: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Office Fax: \_\_\_\_\_

Cell phone (for PCCS communications): \_\_\_\_\_ On directory? Y / N

\*Membership is for the chiropractor listed above only & is non-transferable.

**New Members and Renewals:**

- Annual Dues with a \$50 voluntary contribution to the PAC = \$225.00**
- Annual Dues = \$175.00
- 1<sup>st</sup> Year DC:** Graduated in 2020
- 1<sup>st</sup> Year Licensed D.C. Annual Dues +\$50 contribution to the PAC = \$149.00**
- 1<sup>st</sup> Year Licensed D.C. Annual Dues = \$99.00

**ONLINE APPLICATION & RENEWAL CONTACT INFO UPDATES; online replaces this form**

New Members online application [www.pccschiro.org/join-now](http://www.pccschiro.org/join-now)  
 Renewal online payment [www.pccschiro.org/pay-now](http://www.pccschiro.org/pay-now)

Join by Mail: Enclose Completed Application & Invoice, & Check Payable to:  
 PCCS  
 P.O. Box 7515  
 Seminole, FL 33775-7515

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**2022: All General Meetings will be held In-Person and Virtual via Zoom to accommodate travel and social distancing. Know someone interested in joining as a DC/Sponsor/Advertiser; [www.pccschiro.org](http://www.pccschiro.org) click "Join Now or Get Involved"**

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Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions.

\*Contributions to the PCCS-PAC are not deductible as charitable contributions for federal income tax purposes.



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