



By Jen Gantzer, DC, MS, FACN, DACBN













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Eighth Annual Pinellas County Chiropractic Society

SHOOT FOR THE PAC TRAPSHOOTING TOURNAMENT



Thursday

ADT

Proceeds from this FUN event will benefit the PCCS PAC and will be used to support compaigns of State Legislators that support the chiropractic profession.

PRICE

(includes one practice round and two tournament rounds of trap, trophies and lunch!):

Current PCCS members and their guests \$95/person Non-members and their guests \$105/person Corporate sponsored team of five \$450/team

Corporate Sponsorships available:

Ammunition Sponsor: Company info and Logo on all baxes of shells used in the tournament includes a team of 5 shooters \$1200. Only one of these is available.

Trap House Sponsor: Your Company Banner placed in front of a trap house for all to see \$600. Four of these available.

Trophy Sponsor: Recognition of sponsoring the trophies during the awards ceremony \$500

Lunch Spensor: Recognition of sponsoring the Lunch during the awards ceremony \$500

Make checks payable to: PCCS PAC

Dr. Michael Roberts Mobile 727.434.2002 or mkrdc@aol.com

Time: 10:00 AM for squad assignments (must be prompt)

Address: 12515 Silver Dollar Dr., Odessa, FL 33556

2 www.pccschiro.org





Certificate of recognition for Student Ambassadors Left to Right, Deric Lovett, Alan Norman, Autumn Burns



We had an excellent monthly dinner meeting hosted at the chiropractic NUHS campus clinic with case study presentations from interns and student board ambassadors.

Thank you to Pete & Shorty's for outstanding catering.



THE RADIOLOGIST'S VIEW



DO YOU TREAT X-RAYS?

I received a call the other day from a referring physician. The conversation went like this:

ME: "Hello, Dr. Sandman" DOC: "This is Dr. Query"

- ME: "Yes, hi. What's going on?"
- DOC: "Can you take a look at the x-rays on my patient, Ms. Normal?"
- ME: "I just read those this morning. Other than postural changes, they look normal. Why?"
- DOC: "Are you sure? She is in so much pain. Can you take another look?

ME: "OK".

2 minutes later... "Nope, I don't see anything." DOC: "Alright, thanks. I'll talk to you soon."

The referring doctor, still unconvinced, brings the images to a "radiology" friend who tells him the same thing. The doctor is now baffled. How could the x-rays be normal and the patient in so much pain? So, an MRI is ordered which reveals a mild disc bulge on the right at L4-5. Eureka! Just as you suspected. Unfortunately, the patient's pain is in the region of the left SI joint. There is absolutely no clinical correlation. Now what?

This scenario plays out with considerable frequency. The referring doctor does not have sufficient confidence to rely on his or her clinical skills and has expectations of having a test establish an appropriate diagnosis as opposed to confirming one. In other instances, the treating physician has a strong clinical impression but orders the incorrect test which yields a normal result. Other tests are then ordered hoping to confirm the diagnosis. By ordering additional tests, the potential of incidental findings leading to further testing, often results. This is both inappropriate, inefficient and costly. On rare occasions a diagnostic test does establish a significant incidental finding. For example, when a spinal cord tumor is found to be present on an MRI that was originally ordered after a motor vehicle accident in order to rule out a disc herniation

Not all patients need to be x-rayed. The literature is replete with studies that find that the correlation between diagnostic imaging findings and clinical presentation, is poor. Most guidelines on the appropriate use of diagnostic imaging state the x-ray is generally not needed in patients with uncomplicated low back pain. If the x-ray, or other diagnostic imaging test, will not change the diagnosis, the treatment plan or the outcome, it may be unnecessary. It goes to the basic question of risk versus benefit. Some chiropractic physicians rationalize that an x-ray is needed to rule out contraindications to manipulation. But how often is that the case?

There is often some relief when the radiology report describes a positive finding. For example, degenerative disc disease, a spondylolisthesis or postural changes are often looked at as the cause of the patient's clinical presentation. But many of these findings may actually be incidental to the present symptoms. These patients likely had these finding way before they had symptoms and will still have these findings when they feel better. However, the treating physician has "something to hang their hat on". After all, it is better than a normal x-ray.

Although not in my best interest, it must be said that x-ray exams may be overrated. If the radiograph is normal many clinicians are puzzled as to the correct next step. If there are positive findings there is a sense of relief until it is realized that the findings really do not correlate with the clinical presentation. Improving clinical skills and staying current through continuing education will instill a greater sense of confidence in your abilities as a clinician. Then when you order ancillary tests it will not be to make a diagnosis but to confirm a suspected one.

Terry D. Sandman, DC, MPH, DACBR drtsandman@aol.com

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The Audible Release is published 10 times per year

and unlimited downloads available online.

Dr. Jason Miller: Editor

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

P.O. Box 7515 Seminole, FL 33775-7515 www.pccschiro.org

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Executive Director

Jennifer Comey P.O. Box 7515, Seminole, FL, 33775-7515 email: ed@pccschiro.org

Calendar of Events

Monthly Dinner Meetings In-Person & Virtual for 2022

Join us In-Person Last Tuesday of the Month Join us Virtual via Zoom

www.pccschiro.org/annual-calendar

Marriott Crafted Plate 12600 Roosevelt Blvd N St. Petersburg, FL 33716 6:30-8:30 pm

Dinner/Speaker at 7 pm Please RSVP to Evite for dinner attendance

<u>April</u>

26th-General Meeting Location: St. Petersburg Marriott - 2nd Floor Speaker: Dr Jain - Florida Surgical Consultants Topic: Neurosurgeon's Perspective of Neuroquant

<u>May</u>

24th-General Meeting

Location: St. Petersburg Marriott - 2nd Floor Speaker: Dr. Susanti Chowdhury Topic: TBA

> April Board meeting 12th 12:30pm Zoom May Board meeting 10th 12:30pm Zoom June Board meeting 14th 12:30pm Zoom

PCCS PAID MEMBERS 2022 "Thank you to the chiropractors below that are supporting the PCCS and PAC in 2022" See page 14 for the 2022 Membership Application

Names listed in BOLD have donated to the PAC Political Action Committee

And are additionally recognized on the member directory with a "PAC Star"

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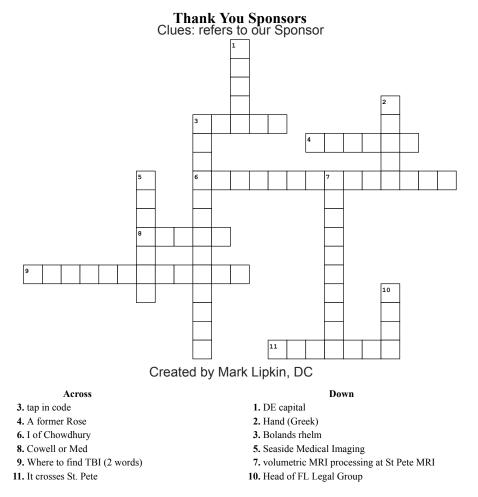
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Answer Key on page 8

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- Back pain
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Susanti Chowdhury, MD, PA

Two Locations to Serve You 1945 East Bay Dr. Largo and 6231 66th St. N. Pinellas Park

Thank You Sponsors - by Mark Lipkin DC (answer Key) 0 10 . ١., n 12 0 c u 1 n 8 ÷. 1

Across 3. tap in code

- tap in code
 A former Rose
- A former Rose
 I of Chowdhury
- 8. Cowell or Med
- 9. Where to find TBI (2 words) 11. It crosses St. Pete
- Down 1. DE capital 2. Hand (Greek) 3. Bolands rhelm 5. Seaside Medical Imaging 7. volumetric MRI processing at St Pete MRI 10. Head of FL Legal Group
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The goal of the PCCS is to preserve, promote, protect, and advance the Chiropractic Physician profession.

We sincerely appreciate your chiropractic financial support which helps us to preserve, promote, and protect you!

Join Now: https://pccschiro.org/join-now

OUR MEETINGS

We host 8 monthly member educational dinner meetings, an off-site social mixer, a holiday party, and 3 annual PAC events.

The 8 general meetings are held the last Tuesday of the month at the Marriot restaurant The Crafted Plate which begin at 7:00 pm with pre-meeting networking at 6:30 pm as members and sponsors begin to arrive. Dinner is served during a featured speaker on a Chiropractic related topic with the meetings concluding around 8:30 pm. We are continuing the monthly dinner meetings in-person and virtual for 2022; please RSVP to the evite for dinner or connect via Zoom to join us.

PROVIDING VALUE TO YOUR MEMBERSHIP

- FREE dinner at monthly meeting (\$30 for non-members; guests/staff/spouse)
- FREE dinner & drink at our annual social and holiday parties (for members & one guest)
- FREE training class for CPR recertification (every other year; next CPR recert class will be 2023)
- FREE Classified ads & listings in our "Audible Release" newsletter (also digital archive on the website)
- FREE round-trip transportation via bus to Tallahassee for Chiropractic Day with the FCA (anticipated for 2022)
- FREE unique URL member page to advertise and market yourself and your practice (click your name in the directory)

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Select One: New Member / Renewal / New Member 1st Year DC

Renewals Only: complete below IF YOUR CONTACT INFO has changed

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*Membership is for the chiropractor listed above only & is non-transferable.

New Members and Renewals:

- □ Annual Dues with a \$50 voluntary contribution to the PAC = \$225.00
- □ Annual Dues = \$175.00

1st Year DC: Graduated in 2020

- □ 1st Year Licensed D.C. Annual Dues +\$50 contribution to the PAC = \$149.00
- □ 1st Year Licensed D.C. Annual Dues = \$99.00

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Join by Mail: Enclose Completed Application & Invoice, & Check Payable to: PCCS P.O. Box 7515 Seminole, FL 33775-7515

2022: All General Meetings will be held In-Person and Virtual via Zoom to accommodate travel and social distancing. Know someone interested in joining as a DC/Sponsor/Advertiser; www.pccschiro.org click "Join Now or Get Involved"

Email Jennifer Comey, Executive Director at ED@PCCSChiro.org with any questions.

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