

December... how is it already here!

By Jen Gantzer, DC, MS, FACN, DACBN



I am sincerely so proud of our society and 2021 accomplishments of which we couldn't do without our members and sponsors. As a token of our appreciation, all members received a PCCS window sticker decal in their renewal letter to

proudly display their ongoing chiropractic support.

In addition, I would like to give a special thanks to the PCCS board of directors who have played a monumental role in the changes we've experienced and for supporting my vision as we continue to strive to add value to your memberships which help us actively sustain funds for lobbying efforts and protect our FL scope of practice. We graciously ask for your continual membership and look forward to serving you next year during an anticipated return to full calendar year of meetings and events!

Our holiday rooftop party was an outstanding event and super fun night; pictures are available on our website and a link to them also posted on PCCS FB.

I'm excited to share that I will be continuing the "Keeping Us Healthy" series next year as well.

Lastly, I'm humbled and so appreciative of being awarded the PCCS Chiropractor of the Year.

Thank you and Happy New Year!!!



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Join Us Tuesday January 27th for the general dinner meeting!

Details on pg-6. Guest Speaker Demesmin & Dover Law Firm

PCCS HOLIDAY PARTY PHOTOS













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PCCS





Holiday

Dr. Roberts awarded the "Dr. Tony Mosca Award" and Dr. Gantzer awarded the "PCCS Chiropractor of the year"

Party







THE RADIOLOGIST'S VIEW



GOALS FOR THE NEW YEAR

At the beginning of each New Year most of us go through the process of establishing resolutions. With anticipatory excitement, we create a wish list that include things we want to do but are not obligated to complete. The common list includes losing weight, exercise more and

spend more time with family. In general, the goal is to improve one's life, both personal and professional. As a clinician, you likely have resolutions for your office, many of which are

oriented toward increasing income. In regard to New Year's resolutions in your professional life, one should consider ways in which to improve the use of diagnostic imaging services in your office. Here are some suggestions:

- 1. UPGRADE YOUR EQUIPMENT There are many practitioners who have had the same equipment and have utilized radiology in the same manner for the past 20 to 30 years. I still read x-ray films that use individual lead letters and numbers to identify the patient's name and date of films. (Many of you are not even familiar with that form of film identification.) If your film cassette screens create artifacts or your film processor sounds like an infant's squeaky toy or the Smithsonian has asked to exhibit your equipment, it is likely a good time to upgrade. If you do, it needs to be digital and it needs to be good quality. Prepare for sticker shock.
- 2. QUALITY ASSURANCE As physicians, we have a duty to do what is best for the patient. In regards to diagnostic imaging, it is important to develop a specific and comprehensive protocol for your imaging services. This begins with the decision to use some form of diagnostic imaging and ends with the final product...the actual image. Review all the steps that are required to accomplish this and determine where changes can be made to minimize patient exposure and improve image quality.
- 3. IMAGE QUALITY Are you satisfied with the quality of your images? Poor quality images reflect on both you as a practitioner and on the entire profession. Make it a goal to improve your image quality with the equipment that you have. There are often simple fixes to the common errors that are seen in image

production. If necessary, review your factor chart (if you still use one). Equipment needs to be calibrated, screens and processors need to be cleaned regularly and darkrooms need to be dark. If you have digital equipment, be sure the software is up to date and any required maintenance is performed. Collimate, collimate, collimate. This improves image quality and can reduce patient dosage.

- 4. EDUCATION The most important function of the practitioner regarding diagnostic imaging is to determine when imaging is indicated and which is the appropriate modality to order. Don't practice by habit. Each case is different and therefore the requirements for imaging are different. Learn the advantages and disadvantages for each modality so that you feel more confident in your orders. Know when to use contrast MRI and understand why CT may be a better choice in some cases. Develop a clear rationale for ordering flexion and extension x-ray or MRI images. Understand the value of images that you do not regularly perform, such as chest films. Learn to navigate the various image viewers that are contained on CDs produced by imaging centers. Review basic terminology that may be contained in an image report. Review State rules and regulations that relate to the use of ionizing radiation and be certain you are in compliance.
- 5. IMAGING CENTERS It seems that there is an increasing number of physicians that are opting out of the responsibilities of owning their x-ray equipment and are choosing to send patients to a local diagnostic imaging center. Choose the center wisely. Make it a goal to visit a center, introduce yourself and learn about the equipment that they have. Be sure that the center knows your needs, who you are, what you do, what your profession is about and that is has radiologists with which you are comfortable in consulting.

I would imagine that creating New Year's resolutions, in regards to diagnostic imaging, is not a top priority. But one of mine is to continue to help and encourage the clinicians in our profession to do that which is best for the patient when it comes to ionizing radiation and other forms of diagnostic imaging.

Terry D. Sandman, DC, MPH, DACBR drtsandman@aol.com

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The Audible Release is published 10 times per year and unlimited downloads available online.

Dr. Jason Miller: Editor

The Audible Release provides news and information that is both educational and informative to the chiropractors and their associates in the Pinellas County area.

Society news, staff changes, personal announcements, photos and success stories are welcome. Articles about chiropractic procedures and issues concerning the practice of chiropractic should be submitted to the editor. Advertising inquires should be made to the publisher or visit us online at www.pccschiro.org

The deadline for ads and articles is the 7th of every month.

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Executive Director

Jennifer Comey P.O. Box 7515, Seminole, FL, 33775-7515 email: ed@pccschiro.org

Calendar of Events

MARK YOUR CALENDARS

Monthly Dinner Meetings In-Person & Virtual for 2021

Join us In-Person

Last Tuesday of the Month

Join us Virtual via Zoom

www.pccschiro.org/annual-calendar

Marriott Crafted Plate 12600 Roosevelt Blvd N St. Petersburg, FL 33716 6:30-8:30 pm

Dinner/Speaker at 7 pm

Please RSVP to Evite for dinner attendance

December

No Dinner Meeting; Happy Holidays

January

25th-General Meeting
Guest Speaker
Demesmin & Dover Law Firm
Topic: PIP'n Ain't Easy

Dec Board meeting, 14th is 12:30pm Zoom **Jan** Board meeting 11th 12:30pm Zoom

PCCS PAID MEMBERS 2021

"Thank you to the chiropractors below that are supporting the PCCS and PAC in 2021"
See page 15 for the 2021 Membership Application if you have not already mailed it in.
Contact Jennifer Comey, Executive Director, with any questions regarding membership at ed@pccschiro.org

We appreciate your support of our society which works hard to serve & represent you.

Names listed in BOLD have donated to the PAC

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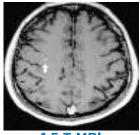
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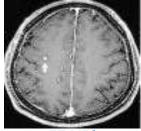


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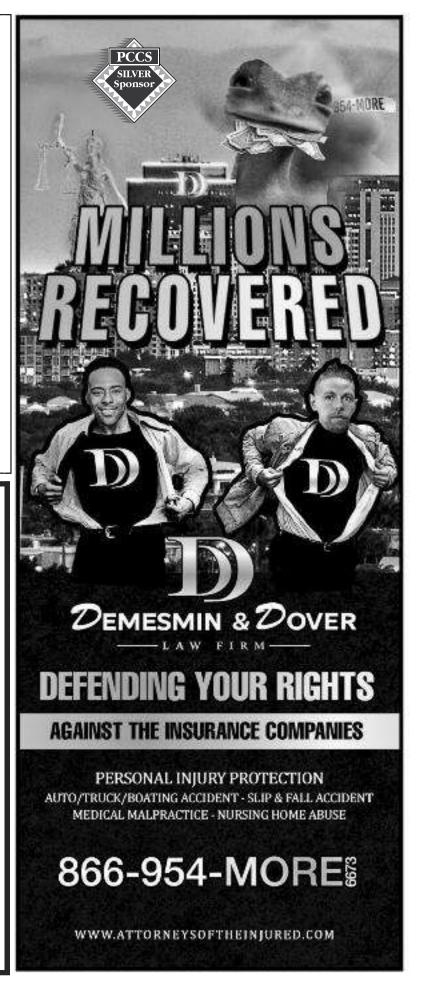
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